

STRENGTH FORE GOLFERS

Pre and Post
Swing Analysis
with
PGA GOLF
PROFESSIONAL
STACEY
MILLER

2023

WITH INSTRUCTOR
JENNA SOUHRADA



See improvement in your swing from just
6 weeks of specific strength training!

MONDAYS
10AM-11AM

February 20th -
March 27th

WEDNESDAYS
6AM-7AM



MEMBERS: \$109
NON-MEMBERS: \$139

Visit the Member Service Desk or call
(309) 433-WELL for more info or to register

