



**Exercise your way to a FREE Carle Health & Fitness Center membership!**

# CLUB 54/CLUB FIT 100

**Club 54 and Club FIT 100 reward YOU for making lifestyle choices that improve your overall health and well-being.**

Accumulate exercise visits at Carle Health & Fitness Center from January 2, 2026 through December 15, 2026 to earn a DISCOUNTED or FREE 2027 fitness center membership.\*

**54 exercise visits = 50% off 2027 membership  
100 exercise visits = FREE 2027 membership**

Your Carle Health & Fitness Center membership includes:

- Wellness Assessment and Individualized Exercise Prescription with a Fitness Coach
- Access to our 50,000 sq. ft. Health and Fitness Center including our Training and Performance Center
- Group Fitness Classes, Indoor Track, Lap Pool, Warm Water Therapy Pool, Locker Room and more!

**Join Club 54 & Club FIT 100 Today!**

Stop in for a free tour or contact the Carle Health & Fitness Center for more info!

**Carle**  
Health & Fitness Center

(309) 433-WELL (9355)  
1111 Trinity Ln. Bloomington, IL 61704  
[www.carlehealthfitness.com](http://www.carlehealthfitness.com)